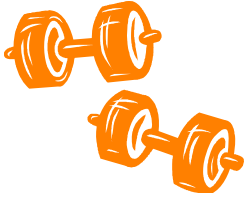


Fitness, Recreation, Nutrition Program



A Family fitness, recreation, and educational program to promote healthy lifestyles for youth age 12-18 with Disabilities

Presented by:

Columbus Recreation and Parks, Nationwide Children's Hospital,
YMCA of Central Ohio

When: Tues/Thurs Oct. 8, 2009 (ongoing)

**Fitness class –Franklin Park Adventure Center
from 5:00-6:30**

Fee: \$20.00

Check made payable to:

City of Columbus

For more information Contact:

Mary Beth Moore, CTRS

614-645-5648

To Pre-register:

Send, fax, or email registration and waiver to:

Columbus Recreation and Parks
Attention: Mary Beth Moore, CTRS
1111 East Broad St.
Columbus, OH 43205

Fax: 614-645-2373

Email: mbmoore@columbus.gov

