



2009-2010 Schedule



Fitness-Weds./Fri 10:00-12:00 Thompson Rec Center
Oct. 09-May 2010

Fit/Rec/Nut-Tues/ Thurs 4:30-6:00 Franklin Park Adventure Center
Oct. 8, 2009-May 2010

Aquatic Fitness- Tues./Thurs 10:00-11:30 Aquatic Center
Oct. 09-May 2010

Wheelchair Football-Thursday 6:00-8:00 Franklin Park Adventure Center
Sept. 17- Nov.

Super Bowl-Nov. 12 Franklin Park Adventure Center

Four Foot Hoops- Thurs. 6:00-8:00 Franklin Park Adventure Center
Nov. 09-March 2010

Junior Wheelchair Basketball- New—TBA

Fairfield County –Various Sports

Swim Team-Saturdays Aquatic Center
Oct. 10, 2009-March 2010

Quad Rugby-Sept. 27, 2009 Franklin Park Adventure Center

Power Soccer—Tuesday 6:00-7:30 Franklin Park Adventure Center
Sept. 15-April 2010

Boccia—Spring 2010

Track and Field—Spring 2010

**For more information Contact
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