

## **Westgate and Wolfe Parks Schedules**

### **Monday**

9:00-9:45	Tot tennis 4-5
9:45-10:30	Ace Beginner Tennis 6-8
10:45-12:15	NJTL 9-14
12:30-1:45	Break
2:00-3:30	Senior Beginning Tennis 15-17
3:45-4:30	Ace Tennis 6-8
5:00-5:45	Tot Tennis 4-5

### **Tuesday**

9:15-10:00	Aces Advanced 6-8
10:00-11:00	Stars Advanced 9-12
11:00-11:45	Ace Beginner Tennis 6-8
12:00-12:45	Kardio for Kids ---tennis fitness 8-17
12:45-2:00	Break
2:00-2:45	Tot Tennis 4-5
2:45-3:30	Mom and Me Tennis 4-5
4:00-5:45	NJTL 9-14

### **Wednesday**

9:30-10:30	Ace Intermediate 6-8
10:30-11:30	Senior Intermediate 14-17
11:30-12:30	Advanced Skills and Strategies 10-17
12:30-1:45	Break
2:00-4:00	Senior Rally Matches (Schedule TBD)

### **Thursday**

9:30-10:15	Mom and Me Tennis 6-8
10:30-11:15	Ace Beginning 6-8
11:15-12:00	Stars Beginning 9-12
2:30-4:30	NJTL Match Play (Schedule TBD)

## Schiller and Whetstone Parks Schedules

### Monday

9:15-10:00	Aces Advanced 6-8
10:00-11:00	Stars Advanced 9-12
11:00-11:45	Ace Beginner Tennis 6-8
12:00-12:45	Kardio for Kids ---tennis fitness 8-17
12:45-2:00	Break
2:00-2:45	Tot Tennis 4-5
2:45-3:30	Mom and Me Tennis 4-5
4:00-5:45	NJTL 9-14

### Tuesday

9:00-9:45	Tot tennis 4-5
9:45-10:30	Ace Beginner Tennis 6-8
10:45-12:15	NJTL 9-14
12:30-1:45	Break
2:00-3:30	Senior Beginning Tennis 15-17
3:45-4:30	Ace Tennis 6-8
5:00-5:45	Tot Tennis 4-5

### Wednesday

9:30-10:30	Ace Intermediate 6-8
10:30-11:30	Senior Intermediate 14-17
11:30-12:30	Advanced Skills and Strategies 10-17
12:30-1:45	Break
2:00-4:00	Senior Rally Matches (Schedule TBD)

### Thursday

9:30-10:15	Mom and Me Tennis 6-8
10:30-11:15	Ace Beginning 6-8
11:15-12:00	Stars Beginning 9-12
2:30-4:30	NJTL Match Play (Schedule TBD)

## **Program Information**

**Begins Week of June 22-August 7 (No lessons July 3)**

**Registration: On-line Registration Begins April 15**

**In-Person/Phone Registration Begins April 15<sup>th</sup>**

On-line Registration: [www.columbusrecparks.com](http://www.columbusrecparks.com) go to the tennis page and follow the links.

In-person/Phone: Call Denica at 645-3264, register at Westgate, Whetstone, and Schiller (Wolfe is on-line ) Payments: on-line, in-person—cash or check only.

\*The NJTL and Senior's material fees: checks are made payable to **Tennis CRC** and paid at the tennis courts at the first lesson.

\*\*Cans of tennis balls should be brought to the first lesson.

### **Locations:**

Wolfe Park, 105 Park Drive 43209

Schiller Recreation Center, 1069 Jaeger St, 43207

Westgate Recreation Center, 3923 N. High St, 43214

Whetstone Recreation Center (Park of Roses), 455 W. Westgate Ave, 43204

### **Age Groups:**

Tots ages 4-5

Aces ages 6-8

Stars ages 9-12

NJTL ages 9-14 (National Junior Tennis League)

Seniors ages 14-17 (Lessons and League Play available)

### **Definition of Programs:**

Tot and Aces Tennis: This program is an introduction to tennis fundamentals for children ages 4-6 and 6-8. Class is held once a week for 45 minutes.

Beginner Lessons: players with little or no experience

Intermediate: players with a base knowledge of the game; can rally a tennis ball 4-6 times without a miss; serve into correct service court 4 times without a miss; understands tennis terms and definitions of basic strokes.

Advanced: Seniors---may have played for Middle School or High School teams; can rally a tennis ball (forehand, backhand) 6-8 times without a miss; serve into correct court 6+ times without

a miss; understands tennis terms and definitions; understands game strategies.

*Stars:* can rally a tennis ball (forehand, backhand) 6-8 times without a miss; serve into correct court 6+ times without a miss; understands tennis terms and definitions; understands game strategies.

**NJTL (National Junior Tennis League):** Arthur Ashe founded the National Junior Tennis League (NJTL) in 1969 "as a way to gain and hold the attention of young people in the inner cities and other poor environments so that we can teach them about matters more important than tennis....Through tennis, lives can be changed and spirits reclaimed." The National Junior Tennis League of Columbus' purpose is to fulfill Arthur Ashe's vision of offering low-cost tennis and life skills instruction to children, regardless of socio-economic circumstances.

Practices/Lessons are held once a week for 1.5 hours per class. Match play is scheduled for Thursdays. Each player will be placed on a team and each team will be assigned a team name and a match schedule.

Program is designed for the Beginner to Intermediate level player.

**Seniors:** League and lessons for the teen age group. This program is for players that are current school players or desire to play for their schools. Experience is not necessary to play. Practices are held during the week with Matches scheduled later in the week. Some travel may be required.

**Kardio for Kids (Cardio Tennis):** This program is designed to be physically active at all times. No tennis skills necessary. Kardio for Kids is a new, fun group activity to give players of all abilities a high energy work-out. Cardio Tennis is first and foremost a fitness program. It is more about getting people moving and active...less on hitting great forehands and backhands.

**Fee Structure:**

Tots: \$5.00 plus a new can of tennis balls (Penn or Wilson)  
Aces: \$8.00 plus a new can of tennis balls (Penn or Wilson)  
Stars: \$10.00 plus a new can of tennis balls (Penn or Wilson)

NJTL: \$12.00 plus a \$10.00 materials fee  
Each player will receive a Team T-shirt

Seniors: \$12.00 plus a \$10 materials fee  
Each Player will receive a Team T-shirt

Kardio for Kids: \$8.00

**Equipment:**

All tennis balls will be provided.  
Some racquets will be available for use  
Each player must wear tennis shoes and comfortable athletic wear (shorts, sweat pants, socks)  
No sandals...due to safety concerns, any child arriving without tennis shoes will not be allowed to participate for that day.

**Cancellations due to Weather:**

Cancellations will be made at the earliest convenience.  
A make-up class will be held on Friday of that week.