

Dodge Recreation Center

Fall II Session

Nov. 10th - Dec. 19th
Registration Nov. 3rd -
Nov. 7th



Hours of Operation:

Monday 8 am - 5:45 pm
Tues - Friday 8am - 8:45 pm
Saturday 9 am - 5:45 pm

Dodge Recreation Center
667 Sullivant Ave.

614-645-3176 or 8151

www.columbusrecparcs.com

FITNESS PASSES

18-49 Fitness Passes \$15 per Month

50 + Fitness Passes \$10 per Month

Fall II Session 2009

Class Registration Begins Nov. 3rd

Leisure Cards: Columbus Recreation and Parks Department require Leisure Cards to be used at all facilities and to register for classes. All cards are \$1 and are good for 1 year. **(Bring exact change)**

50+ Memberships: For anyone over age 50. Annual Member Fee is \$15. You receive a monthly newsletter advertising upcoming events, trips, and programs at all the Columbus Rec and Parks 50+ centers.

***18-49 Class Fee: All Classes before 3pm - \$15 Annually**



Boxing is for male or female ages 8 to adult. Every participant must Register with the USA amateur to train at our facilities. Registration fee is \$35 a year, valid January thru December. Participants over age 18 must pay an additional fee of \$25 every quarter to help fund our youth boxing program. Professionals wishing to train at our facilities will pay \$50 a quarter.



Registration for the
Basketball League will begin
October 17th. Ages 6-15
Cost : \$40



50 + Trips



Capa

Christmas Carol (Matinee)
Nov. 30th Dept. 9:30 am - \$ 9
Deadline Nov. 9th

Festival of Lights Dec. 4th
Dept. 9 am - Cost \$31
Deadline Nov. 4th

La Comedia Dec. 10th
Dept. 8:30am - Cost \$59
Deadline Nov. 9th

Red Hat Mystery Lunch Trip
December 15th
Dept. 10:30 am - Cost \$15



Join Us for Lunch

Mon, Wed, Thu, Fri 11:00-12:30p

Tues 11:30-12:30p





Monday

8am -10 - Walking (50+)
 9am - 12 - Mosaics (A)
-1st and 3rd Monday of each month-
 9am - 12 - Beading (50+)
 11:15am - 12pm - Exercise/Stretch/Dance(A)
 12:30pm - Adult Cards(Pinochle/Bid Whist)
 (A)
 1pm - 3 - Marquetry (A)
 1pm -3 - Chair Volleyball (A)
 1:30 - 2:30 - Absolute Beginner Computer (A)
 2:30 - 4:30 - Line Dance (A)

Tuesday

8am-10 - Walking (50+)
 9am -12:30 - Blood Pressure+Sugar
 (Reed, RN)
-Last Tues. each Month-
 10:00am -11:30 - Drawing (A)
 10am - 11 - Shuffleboard (50+)
 11am - 12 Tai Chi (A)
 12:15 -1 - Senior Fitness (A)
 12:30pm - 1:30 Bingo (A)
 12:30pm - Adult Cards (Euchre) (A)
 1pm -3 - Ceramics (A)
 1pm - 2:30- Choir (50+)
 1pm - 3:30 - Sewing (50+)
 1:15pm -3:30 - Watercolors (A)
 5:30 - 8:45 - Boxing* (E/T/A)
 5pm - 5:45 - Teen Weightlifting (T)
 6pm - 8:45 - Cheerleading (Ages 4-12)

Wednesday

8am-10 - Walking (50+)
 9am - 12- Service Circle (50+)
 10am-12 - Clogging Practice (50+)
 9:30am - 11:00 - Wii Games w/ JJ (50+)
 10:00am - 11:30 - Mexican Train (Dominoes)
 10:30 - 11:30 - Absolute Beginner Computer
 (A)
 12:30 - Adult Cards (Bid Whist) (A)
 1pm - Absolute Beginner Computer (A)
 1:15 pm - 2:30 - Acrylics (A)
-First Wed. of the month no class.-
 3pm - 4:30 - Open Art (A)
 5:30pm - 8:45 - Boxing* (E/T/A)
 6pm - 8:00 - Martial Arts (E/T/A)

Thursday

8am-10 - Walking (50+)
 10am-11:30 - New Art (A)
 10am - 11 - Beginner Excel (A)
 10:30am - 12:30 - Senior Line Dance (A)
 11am -12 - Tai Chi (A)
 12:15pm -1 - Senior Fitness (A)
 12:30pm - Adult Cards (A)
 1pm-3 - Chair Volleyball (A)
 1pm-3 - Knitting/Crocheting (A)
 1pm-3 - Ceramics (A)
 1pm - 3:00 - Line Dance (A)
 5:30pm - 8:45 - Boxing* (E/T/A)
 5pm - 5:45 - Teen Weightlifting (T)
 6pm - 8:45 - Cheerleading (Ages 4-12)

Friday

8am -10:00 - Walking (50+)
 9am -11:00 - Oil Painting (A)
 10 am - 11:00 - Wii Games w/ JJ (50+)
 10:00am - 11:30 - Mexican Train (Dominoes)
 (A)
 10:30 - 12:30 - Senior Line Dance (A)
 11:15 - 12 - Exercise/Stretch/Dance (A)
 12:30pm - Adult Cards (A)
 1pm - 3:00 - Line Dance (A)
 5:30 - 8:45 - Boxing* (E/T/A)
 6pm - 7:00 - Basketball Clinic (PK)
 6pm - 8:00 - Martial Arts (E/T/A)
 \$35 Material fee
 6pm - 8:45 - Cheerleading (Ages 4-12)

Saturday

9am -12 - Boxing* (E/T/A)
 10am - 1 - Cheerleading (Ages 4-12)
 12pm - 1 - Game Room Activities (E/T/A)
 3pm - 4 - Guitar Lessons w/ Nate (T/A)
 5pm - 5:45 - Teen Weightlifting (T)



*Classes are subject to change

AGES

PK= 3-5 age
 E= 6-12 age
 T= 13-17 age
 A= 18 and up
 50+= 50+ members

